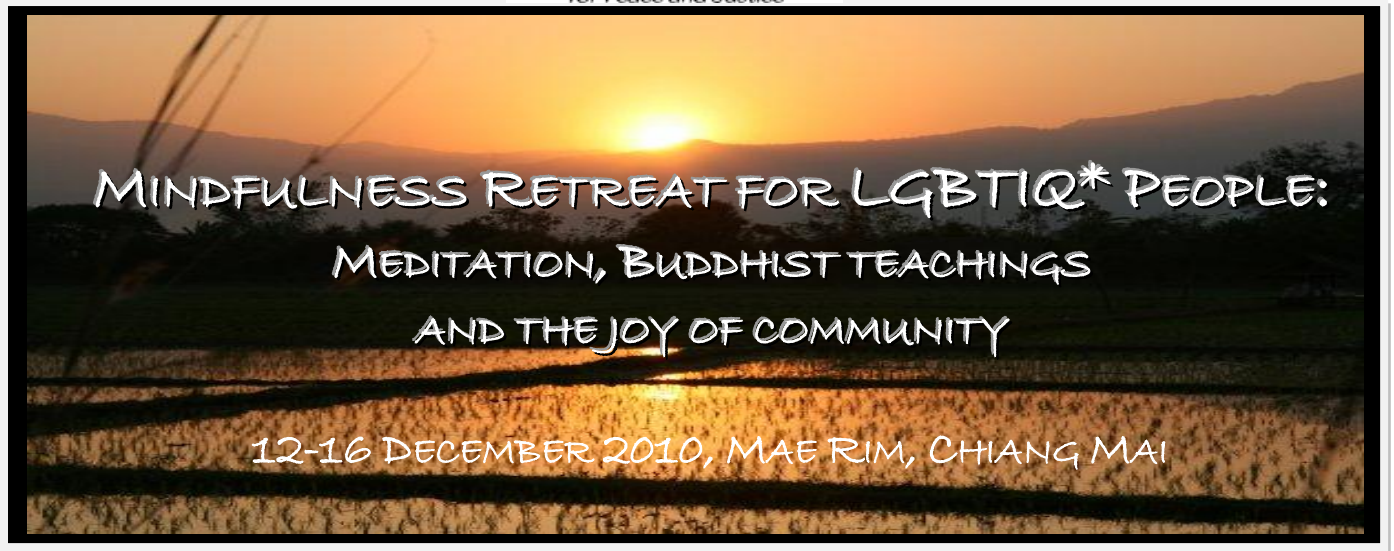




International Women's Partnership
for Peace and Justice



*We welcome everyone who identifies as *Lesbian, Gay, Bisexual, Transgendered, Intersex, or Queer to join us in this 5 day meditation and mindfulness retreat. In a peaceful and quiet village setting, we will cultivate and foster wellness of our bodies, minds and spirits through:*

- ❖ *Guidance in various meditation techniques and mindfulness practices*
- ❖ *An introduction to socially engaged Buddhist teachings*
- ❖ *Daily yoga practice*
- ❖ *Ample time for rest, relaxation and personal reflection*
- ❖ *Creating a safe space and community for LGBTIQ people to gather, meditate, and celebrate our diversity*



The retreat will be guided by IWP facilitators ***Ouyporn Khuankaew, Kathryn Norsworthy, Ginger Norwood, and Naiyana Prapaiwong.***

The retreat is suitable for newcomers to meditation and long time practitioners. The primary languages of instruction/guidance will be English and Thai. Burmese translation will also be provided.

Registration and fees: Fees cover course registration, accommodation, delicious vegetarian meals, and transport to/from Chiang Mai to our center. Fees for the *5 day meditation retreat* are a sliding scale of \$175 - \$250 USD for global North and \$120 USD (3500 baht) for global South, based on one's ability to pay.

For more information and to register, contact Ginger by November 1, 2010.
ginger@womenforpeaceandjustice.org; www.womenforpeaceandjustice.org

